



# GRANT MCGANN, DDS

## ORAL & MAXILLOFACIAL SURGERY

### Pre-Operative Instructions

#### Anesthesia:

1. If you are having your procedure under local anesthesia only (just numbing of the mouth) you can eat and drink anything before you come in for your appointment.
2. If you're going to sleep for the procedure (IV/deep sedation) you **should NOT have any food or drinks 6 hours prior to your procedure.** You may however drink water or Gatorade only for up to 2 hours before you come in.
  - a. **You cannot drive yourself** – someone needs to drive you to your appointment, wait in our office during your procedure, and take you home afterwards.
  - b. Wear comfortable clothing, flat shoes and a short-sleeved shirt.
  - c. If you wear contacts, wear your glasses on the day of your appointment.
  - d. If you are not currently scheduled to have IV sedation and would like to switch to this option, it is crucial to contact us *before* the day of your procedure (or as early as possible) to ensure we have adequate time and staff. This will help us avoid any scheduling disruptions and ensure the best care for you.
3. If you are going to have oral conscious sedation (taking a pill or drinking syrup) with local anesthesia, you **should NOT have any food or drinks 6 hours prior to your procedure.** You may, however, drink water or Gatorade only for up to 2 hours before you come in.
  - a. **You cannot drive yourself** – someone needs to drive you to your appointment, wait in our office during your procedure, and take you home afterwards.
  - b. Due to the additional time and preparation required for this type of sedation, we are unable to make any last-minute changes to your procedure if already scheduled for local or IV sedation. Further evaluation may also be necessary as it is provided on a case-by-case basis.

#### Medications:

- Remember to take medications prescribed to be taken prior to your procedure, such as antibiotics or sinus medications. If you're going to sleep for the procedure you can have a small sip of water with the medications.
- Unless otherwise specified by Dr. McGann, take your regular daily medications prescribed by your primary care physician.